Information sheet for customer

Tsumura-Kampo Hochuekkito[補中益気湯] Extract Granules

[Category 2 OTC medicines]

INDICATIONS

Following symptoms in persons with poor physical strength who are out of energy with decline of gastrointestinal function and tend to get tired easily: Weak constitution, fatigue/malaise, weakness after illness or operation, loss of appetite, night sweat, and common cold.



! CAUTION FOR USE

Who should seek consultation

- 1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
- The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms	
Interstitial pneumonia	When go upstairs or exert yourself too much, symptoms such	
	as shortness of breath, breathing difficulties, dry cough, and	
	fever will appear. They will appear suddenly and persist.	
Hepatic function failure	Following symptoms appear: fever, itching, rash, jaundice	
	(yellowing of skin and white of eyes), brown urine, whole-body	
	tiredness, loss of appetite.	

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month (5 to 6 days if you take this medicine for common cold). Take this leaflet with you.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	
7-14 years	2/3 packet	2 times a day
4-6 years	1/2 packet	2 times a day
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 2.5 g of Hochuekkito extract of the following mixed crude drugs;

JP Astragalus Root	2.0 g
JP Atractylodes Lancea Rhizome	2.0 g
JP Ginseng	2.0 g
JP Japanese Angelica Root	1.5 g
JP Bupleurum Root	1.0 g
JP Jujube	1.0 g
JP Citrus Unshiu Peel	1.0 g
JP Glycyrrhiza	0.75 g
JP Cimicifuga Rhizome	0.5 g
JP Ginger	0.25 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

PRECAUTIONS FOR STRAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.

