

Information sheet for customer

Tsumura-Kampo Keishito [桂枝湯] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptom in persons with poor physical strength who suffer from sweating:
Initial stage of common cold.



! CAUTION FOR USE

●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

Take this medicine only for a short period of time. Do not take it continuously.

●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.

- (1) Persons undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Elderly persons.
- (4) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
- (5) Persons with the following symptoms: edema.
- (6) Persons diagnosed as having the following: hypertension, heart disease, kidney disease.

2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually worsen.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for 5 to 6 times. Take this leaflet with you.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet(1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 1.5 g of Keishito extract of the following mixed crude drugs;

JP Cinnamon Bark	2.0 g
JP Peony Root	2.0 g
JP Jujube	2.0 g
JP Glycyrrhiza	1.0 g
JP Ginger	0.75 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



Tsumura&Co. 2-17-11, Akasaka, Minato-ku, Tokyo107-8521, JAPAN.
<http://www.tsumura.co.jp/>