Information sheet for customer

Tsumura-Kampo Chotosan[釣藤散] Extract Granules

[Category 2 OTC medicines]

INDICATIONS

Following symptoms in persons with moderate physical strength who suffer from chronically persistent conditions such as headache, dizziness and stiff shoulders:

Chronic headache, neurosis, and tendency to hypertension.



! CAUTION FOR USE

Who should seek consultation

- 1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons who is physically weak (declining of strength or constitutional weakness)
 - (4) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
- 2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms	
Skin	Rash, redness, itching	
Gastrointestinal system	Loss of appetite, gastric distress	

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 2.25 g of Chotosan extract of the following mixed crude drugs;

JP Gypsum	2.5 g
JP Uncaria Hook	1.5 g
JP Citrus Unshiu Peel	1.5 g
JP Ophiopogon Tuber	1.5 g
JP Pinellia Tuber	1.5 g
JP Poria Sclerotium	1.5 g
JP Chrysanthemum Flower	1.0 g
JP Ginseng	1.0 g
JP Saposhnikovia Root	1.0 g
JP Glycyrrhiza	0.5 g
JP Ginger	0.5 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

PRECAUTIONS FOR STRAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.

