# Information sheet for customer

# Tsumura-Kampo Seijobofuto [清上防風湯] Extract Granules

[Category 2 OTC medicines]

# **INDICATIONS**

Following symptoms in red-faced persons with moderate or more physical strength who sometimes get hot flashes: Acne, eczema/dermatitis on the face and head, and red nose (rosacea).



# ! CAUTION FOR USE

#### Who should seek consultation

- 1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Persons with weak stomach and intestine.
- 2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Gastrointestinal system	Loss of appetite, gastric discomfort.

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Hepatic function failure	Following symptoms appear: fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body
	tiredness, loss of appetite.
Mesenteric phlebosclerosis	Long-term use of this medicine may cause repetitive appearance of following symptoms: abdominal pain, diarrhea,
	constipation, abdominal bloating.

- 3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.
- 4. If you take this medicine regularly for a long periods, consult a physician, pharmacist or registered distributor.
- 5. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms may make progress after taking this medicine. Take this leaflet with you.

#### **DOSAGE**

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	
7-14 years	2/3 packet	2 times a day
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

# **INGREDIENTS**

2 packets (3.75 g) of this medicine contain 2.375 g of Seijobofuto extract of the following mixed crude drugs;

JP Scutellaria Root.	1.25 g
JP Platycodon Root	1.25 g
JP Gardenia Fruit	1.25 g
JP Cnidium Rhizome	1.25 g
JP Glehnia Root	1.25 g
JP Angelica Dahurica Root .	1.25 g
JP Forsythia Fruit	1.25 g
JP Coptis Rhizome	0.5 g
JP Glycyrrhiza	0.5 g
JP Immature Orange	0.5 g
JP Schizonepeta Spike	0.5 g
JP Mentha Herb	0.5 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

# PRECAUTIONS FOR STRAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.

