Tsumura & Co.

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Standard Commodity Classification No. of Japan 875200

- Kampo-preparation-

# TSUMURA Senkyuchachosan Extract Granules for Ethical Use

<senkyuchachosan>

|   |        |    | Storage          |           |      |
|---|--------|----|------------------|-----------|------|
| ĺ | Store  | in | light-resistant, | air-tight | con- |
| ı | tainer | s. |                  |           |      |

| Expiration date                      |
|--------------------------------------|
| Use before the expiration date indi- |
| cated on the container and the outer |
| nackage                              |

| Approval No.                                   | (61AM)1155   |
|--|--------------|
| Date of listing in the NHI reimbursement price | October 1986 |
| Date of initial marketing in Japan             | October 1986 |

### DESCRIPTION

| DESCRIPTION |   |                           |  |  |  |
|-------------|---|---------------------------|--|--|--|
| Composition | 7.5 g of TSUMURA Senkyuchachosan extract granules(hereafter TJ-124) contains 3.25 g of a dried extract of the following mixed crude drugs.  JP Cyperus Rhizome 4.0 g  JP Cnidium Rhizome 3.0 g  JP Notopterygium 2.0 g  JP Schizonepeta Spike 2.0 g  JP Mentha Herb 2.0 g |                           |  |  |  |
|             | JP Angelica Dahurica Root   |                           |  |  |  |
|             | JP Glycyrrhiza 1.5 g  |                           |  |  |  |
|             | Green Tea Leaf 1.5 g  |                           |  |  |  |
|             | (JP: The Japanese Pharmacopoeia)  |                           |  |  |  |
|             | Inactive ingredients  | JP Magnesium Stearate     |  |  |  |
|             | ,   | JP Lactose Hydrate        |  |  |  |
|             | Dosage form   | Granules                  |  |  |  |
|             | Color   | Light brown               |  |  |  |
| Description | Smell   | Characteristic smell      |  |  |  |
|             | Taste   | Slightly sweet and bitter |  |  |  |
|             | ID code   | TSUMURA/124               |  |  |  |

#### **INDICATIONS**

Common cold, automatic imbalance syndrome peculiar to women resembling climacteric disturbance, headache

# DOSAGE AND ADMINISTRATION

The usual adult dose is  $7.5\,$  g/day orally in 2 or 3 divided doses before or between meals. The dosage may be adjusted according to the patient's age and body weight, and symptoms.

#### **PRECAUTIONS**

# 1. Careful Administration (TJ-124 should be administered with care in the following patients.)

- (1) Patients with an extremely weak gastrointestinal tract [Anorexia, epigastric distress, nausea, diarrhea, etc. may occur.]
- (2) Patients with anorexia, nausea or vomiting [These symptoms may be aggravated.]

#### 2. Important Precautions

- (1) When TJ-124 is used, the patient's "SHO" (constitution/symptoms) should be taken into account. The patient's progress should be carefully monitored, and if no improvement in symptoms/findings is observed, continuous treatment should be avoided.
- (2) Since TJ-124 contains Glycyrrhiza, careful attention should be paid to the serum potassium level, blood pressure, etc., and if any abnormality is observed, administration should be discontinued.
- (3) When TJ-124 is coadministered with other Kampo-preparations (Japanese traditional herbal medicines), etc., attention should be paid to the duplication of the contained crude drugs.

SHO: The term "SHO" refers to a particular pathological status of a patient evaluated by the Kampo diagnosis, and is patterned according to the patient's constitution, symptoms, etc. Kampo-preparations (Japanese traditional herbal medicines) should be used after confirmation that it is suitable for the identified "SHO" of the patient.

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#### 3. Drug Interactions

Precautions for coadministration (TJ-124 should be administered with care when coadministered with the

following drugs.)

| Drugs   | Signs, Symptoms, and Treatment  | Mechanism and<br>Risk Factors  |  |
|---|---|--|--|
| (1) Preparations containing Glycyrrhiza     (2) Preparations containing glycyrrhizinic acid or glycyrrhizinates | Pseudoaldosteronism is likely to occur. Besides, myopathy is likely to occur as a result of hypokalemia. (Refer to the section "Clinically significant adverse reactions".) | Since glycyrrhizinic acid has an accelerating action on the potassium excretion at the renal tubules, an acceleration of decrease in the serum potassium level has been suggested. |  |

#### 4. Adverse Reactions

TJ-124 has not been investigated (drug use investigations, etc.) to determine the incidence of adverse reactions. Therefore, the incidence of adverse reactions is not known.

# (1) Clinically significant adverse reactions

- 1) Pseudoaldosteronism: Pseudoaldosteronism such as hypokalemia, increased blood pressure, retention of sodium/body fluid, edema, increased body weight, etc. may occur. The patient should be carefully monitored (measurement of serum potassium level, etc.), and if any abnormality is observed, administration should be discontinued and appropriate measures such as administration of potassium preparations should be taken.
- 2) Myopathy: Myopathy may occur as a result of hypokalemia. The patient should be carefully monitored, and if any abnormality such as weakness, convulsion/paralysis of limbs, etc. are observed, administration should be discontinued and appropriate measures such as administration of potassium preparations should be taken.

# (2) Other adverse reactions

|                  | Incidence unknown                                     |  |
|------------------|---|--|
| Gastrointestinal | Anorexia, Epigastric distress, Nausea, Diarrhea, etc. |  |

# 5. Use in the Elderly

Because elderly patients often have reduced physiological function, careful supervision and measures such as reducing the dose are recommended.

# 6. Use during Pregnancy, Delivery or Lactation

The safety of TJ-124 in pregnant women has not been established. Therefore, TJ-124 should be used in pregnant women, women who may possibly be pregnant only if the expected therapeutic benefits outweigh the possible risks associated with treatment.

### 7. Pediatric Use

The safety of TJ-124 in children has not been established. [Insufficient clinical data.]

# **PACKAGING**

Bottles of 500 g and boxes of 5 kg (500 g  $\times$  10 bottles) 2.5 g  $\times$  42 packets 2.5 g  $\times$  189 packets

#### REOUEST FOR LITERATURE SHOULD BE MADE TO:

Consumer Information Services Center Tsumura & Co. 2-17-11 Akasaka, Minato-ku, Tokyo 107-8521, Japan

# Manufactured and Distributed by:

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