

## Information sheet for customer

# Tsumura-Kampo Goreisanryo[五苓散料] Extract Granules

【Category 2 OTC medicines】

## INDICATIONS

Following symptoms in persons who complaint thirst and decreased urine volume accompanying any of dizziness, nausea, vomiting, abdominal pain, headache or edema. This medicine can be applied to everyone regardless of physical performance:

Watery diarrhea, acute gastroenteritis (Do not use for *shiburihara* [tenesmus]\*), heat stroke, headache, edema, and hangover.

\**Shiburihara* [tenesmus] is the symptom consisting of feeling of unsatisfied defecation and repetitive defecation desire with abdominal pain.



## ! CAUTION FOR USE

### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.

- (1) Persons undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Persons who have experienced rash, redness, itching, etc. due to medicines or something.

2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month (5 to 6 times if you take this medicine for acute gastroenteritis or hangover, and 5 to 6 days if you take it for watery diarrhea or heat stroke). Take this leaflet with you.

## DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet(2.5 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

## INGREDIENTS

2 packets (5.0 g) of this medicine contain 1.4 g of Goreisan extract of the following mixed crude drugs;

JP Alisma Rhizome	3.30 g
JP Atractylodes Lancea Rhizome	1.98 g
JP Polyporus Sclerotium	1.98 g
JP Poria Sclerotium	1.98 g
JP Cinnamon Bark	1.32 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.  
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



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