

## Information sheet for customer

# Tsumura-Kampo Tokisyakuyakusanryo[当帰芍薬散料] Extract Granules

【Category 2 OTC medicines】

## INDICATIONS

Following symptoms in persons with poor physical strength who tend to be sensitive to cold, tend to get tired easily, have an anemic tendency, and sometimes complaint lower abdominal pain, heavy head, dizziness, stiff shoulder, ear noise, and/or palpitation:

Menstrual irregularity, menstrual disorders, menstrual pain, menopausal disorders, disorders before and after child birth or due to abortion (anemia, fatigue/malaise, dizziness, edema), dizziness, syncope, heavy head, stiff shoulder, lower back pain, over-sensitiveness to cold in the lower half of the body, chilblains, edema, spot of the skin, and ear noise.



## ! CAUTION FOR USE

### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Persons who have gastrointestinal weakness.
  - (3) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Loss of appetite, gastric distress

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.

## DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet(1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

## INGREDIENTS

2 packets (3.75 g) of this medicine contain 2.0 g of Tokisyakuyakusan extract of the following mixed crude drugs;

JP Peony Root	2.0 g
JP Atractylodes Lancea Rhizome	2.0 g
JP Alisma Rhizome	2.0 g
JP Poria Sclerotium	2.0 g
JP Cnidium Rhizome	1.5 g
JP Japanese Angelica Root	1.5 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.  
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



**Tsumura&Co.** 2-17-11, Akasaka, Minato-ku, Tokyo107-8521, JAPAN.  
<http://www.tsumura.co.jp/>