

Information sheet for customer

Tsumura-Kampo Bakumondoto[麦門冬湯] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptoms in persons with moderate and poor physical strength who cannot clear up throat easily, and sometimes experience violent coughing or dryness of the throat:

Dry cough, bronchitis, bronchial asthma, and pharyngitis, croak (hoarseness).



! CAUTION FOR USE

●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons expelling large amount of watery phlegm.
 - (4) Elderly persons.
 - (5) Persons with the following symptoms: edema.
 - (6) Persons diagnosed as having the following: hypertension, heart disease, kidney disease.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Gastrointestinal system	Loss of appetite, gastric distress.

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Interstitial pneumonia	When go upstairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough, and fever will appear. They will appear suddenly and persist.
Pseudoaldosteronism, myopathy	In addition to listlessness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually worsen.
Hepatic function failure	Following symptoms appear: fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month (5 to 6 days if you take this medicine for dry cough). Take this leaflet with you.

4. If you take this medicine regularly for a long periods, consult a physician, pharmacist or registered distributor.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (2.25 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (4.5 g) of this medicine contain 3.0 g of Bakumondoto extract of the following mixed crude drugs;

JP Ophiopogon Tuber	5.0 g
JP Brown Rice	2.5 g
JP Pinellia Tuber	2.5 g
JP Jujube	1.5 g
JP Glycyrrhiza	1.0 g
JP Ginseng	1.0 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate, Sucrose Esters of Fatty Acids.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



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