

# Information sheet for customer

## Tsumura-Kampo Shokenchuto [小建中湯] Extract Granules

【Category 2 OTC medicines】

### INDICATIONS

Following symptoms in persons with poor physical strength who look pale, get tired easily, suffered from abdominal pain and sometimes experience palpitations, burning sensation on hands and feet, over-sensitiveness to cold, night sweat, nasal bleeding, frequent urination, and polyuria:  
Childhood weak constitution, fatigue/malaise, chronic gastroenteritis, abdominal pain, nervousness, childhood enuresis, and baby's night crying.



### ! CAUTION FOR USE

#### ●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

Following persons should not take this medicine:

Infants less than 3 months old.

#### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Persons suffering from nausea/vomiting.
  - (4) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.

### DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
7-15 years	1 packet(1.875 g)	2 times a day
4-6 years	2/3 packet	
2-3 years	1/2 packet	
Less than 2 years	1/3 packet	

#### [Cautions]

1. This medication should be given to children only under adult supervision.
2. For infants less than 1 year old, have them see a physician first, and do not give this medicine unless it is really necessary.

## INGREDIENTS

2 packets (3.75 g) of this medicine contain 0.9375 g of Shokenchuto extract of the following mixed crude drugs;

JP Peony Root .	1.5 g
JP Cinnamon Bark	1.0 g
JP Jujube	1.0 g
JP Glycyrrhiza	0.5 g
JP Ginger	0.25 g

(JP : The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

## PRECAUTIONS FOR STRAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.  
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



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