

Information sheet for customer

Tsumura-Kampo Kamishoyosan [加味逍遙散] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptoms in persons with moderate or poor physical strength who get tired easily, suffered from flash feeling, shoulder stiffness and neuropsychiatric symptoms including anxiety and irritation, and sometimes experience a constipation tendency:

Over-sensitiveness to cold, weak constitution, menstrual irregularity, dysmenorrhea, menopausal disorders, *chi-no-michi-sho**, and insomnia.

**Chi-no-michi-sho* is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms due to fluctuation of female hormones caused by menstruation, pregnancy, childbirth or menopause.



! CAUTION FOR USE

●Who should seek consultation

- The following persons should consult a physician, pharmacist, or registered distributor of this medication before taking this medication.
 - Persons undergoing medical treatment from a physician.
 - Pregnant women or women suspected of being pregnant.
 - Persons who have gastrointestinal weakness.
 - Persons who have experienced rash, redness, itching, etc. due to medicines or something.
- The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor of this medication. Take the instruction leaflet with you.

| Related areas | Symptoms |
|-------------------------|--|
| Skin | Rash, redness, itching |
| Gastrointestinal system | Nausea, vomiting, loss of appetite, gastric distress |

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

| Symptoms' name | Symptoms |
|--------------------------|---|
| Hepatic function failure | Following symptoms appear: fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite. |
| Mesenteric phleboscrosis | Long-term use of this medicine may cause repetitive appearance of following symptoms: abdominal pain, diarrhea, constipation, abdominal bloating. |

- A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you: diarrhea
- Stop taking this medicine and consult a physician, pharmacist or registered distributor of this medication if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.
- If you take this medicine regularly for a long periods, consult a physician, pharmacist or registered distributor.

DOSAGE

Take the following dosages with water or warm water before a meal.

| Age | One dosage | Daily dosage |
|-------------------|-------------------|---------------|
| 15 years and over | 1 packet(1.875 g) | 2 times a day |
| 7-14 years | 2/3 packet | |
| 4-6 years | 1/2 packet | |
| 2-3 years | 1/3 packet | |
| Less than 2 years | Do not use | |

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 2.0 g of Kamishoyosan extract of the following mixed crude drugs;

| | |
|--------------------------------|--------|
| JP Bupleurum Root | 1.5 g |
| JP Peony Root | 1.5 g |
| JP Atractylodes Lancea Rhizome | 1.5 g |
| JP Japanese Angelica Root | 1.5 g |
| JP Poria Sclerotium | 1.5 g |
| JP Gardenia Fruit | 1.0 g |
| JP Moutan Bark | 1.0 g |
| JP Glycyrrhiza | 0.75 g |
| JP Ginger | 0.5 g |
| JP Mentha Herb | 0.5 g |

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



Tsumura&Co. 2-17-11, Akasaka, Minato-ku, Tokyo107-8521, JAPAN.
<https://www.tsumura.co.jp/>