

## Information sheet for customer

# Tsumura-Kampo Ninjinto [人參湯] Extract Granules

【Category 2 OTC medicines】

### INDICATIONS

Following symptoms in persons with poor physical strength who get tired easily and are over-sensitive to cold of hands and feet:

Gastrointestinal weakness, diarrhea, vomiting, gastric pain, abdominal pain, and acute/chronic gastritis.



### ! CAUTION FOR USE

#### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.

- (1) Persons undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Elderly persons.
- (4) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
- (5) Persons with the following symptoms: edema.
- (6) Persons diagnosed as having the following: hypertension, heart disease, kidney disease.

2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually worsen.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month ( 5 to 6 times if you take this medicine for acute gastritis, and about 1 week if you take it for diarrhea or vomiting). Take this leaflet with you.

4. If you take this medicine regularly for a long periods, consult a physician, pharmacist or registered distributor.

## DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet(1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

## INGREDIENTS

2 packets (3.75 g) of this medicine contain 1.25 g of Ninjinto extract of the following mixed crude drugs;

JP Processed Ginger	1.5 g
JP Glycyrrhiza	1.5 g
JP Atractylodes Lancea Rhizome	1.5 g
JP Ginseng	1.5 g

(JP : The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.  
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



**Tsumura&Co.** 2-17-11, Akasaka, Minato-ku, Tokyo107-8521, JAPAN.  
<http://www.tsumura.co.jp/>