

Information sheet for customer

Tsumura-Kampo Unseiin [温清飲] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptoms in persons with moderate physical strength who have dry skin with unhealthy complexion and get hot flashes: Menstrual irregularity, dysmenorrhea, *chi-no-michi-sho*^{*}, menopausal disorders, neurosis, and eczema/dermatitis.

^{*}*Chi-no-michi-sho* is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms due to fluctuation of female hormones caused by menstruation, pregnancy, childbirth or menopause.



! CAUTION FOR USE

●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons with weak stomach and intestine who have a tendency to diarrhea.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Gastrointestinal system	Loss of appetite, gastric discomfort.

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Interstitial pneumonia	When go upstairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough, and fever will appear. They will appear suddenly and persist.
Hepatic function failure	Following symptoms appear: fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite.
Mesenteric phlebosclerosis	Long-term use of this medicine may cause repetitive appearance of following symptoms: abdominal pain, diarrhea, constipation, abdominal bloating.

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you: diarrhea
4. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.
5. If you take this medicine regularly for a long periods, consult a physician, pharmacist or registered distributor.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 1.875 g of Unseiin extract of the following mixed crude drugs;

JP Rehmannia Root .	1.5 g
JP Peony Root	1.5 g
JP Cnidium Rhizome	1.5 g
JP Japanese Angelica Root	1.5 g
JP Scutellaria Root	0.75 g
JP Phellodendron Bark	0.75 g
JP Coptis Rhizome	0.75 g
JP Gardenia Fruit	0.75 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



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