

Information sheet for customer

Tsumura-Kampo Junchoto [潤腸湯] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptom in persons with moderate or slightly weak physical strength who complain of occasional skin dryness:

Constipation



! CAUTION FOR USE

●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

1. This medication should not be used in combination with the following medications:

Other cathartic agents.

2. Women who are nursing should not take this medicine. If those women take it, avoid breast feeding.

●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.

- (1) Persons undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Persons who is physically weak (declining of strength or constitutional weakness).
- (4) Persons with weak stomach and intestine who have a tendency to diarrhea.

2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Gastrointestinal system	Loss of appetite, gastric distress, diarrhea with severe abdominal pain, abdominal pain

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Interstitial pneumonia	When go upstairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough, and fever will appear. They will appear suddenly and persist.
Hepatic function failure	Following symptoms appear: fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite.

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you: diarrhea

4. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for 1 week. Take this leaflet with you.

DOSAGE

Take the following dosages with water or warm water before or during a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 2.5 g of Junchoto extract of the following mixed crude drugs;

JP Rehmannia Root	3.0 g
JP Japanese Angelica Root	1.5 g
JP Scutellaria Root	1.0 g
JP Immature Orange	1.0 g
JP Apricot Kernel	1.0 g
JP Magnolia Bark	1.0 g
JP Rhubarb	1.0 g
JP Peach Kernel	1.0 g
JP Hemp Fruit	1.0 g
JP Glycyrrhiza	0.75 g

(JP : The Japanese Pharmacopoeia)

Inactive ingredients: JP Light Anhydrous Silicic Acid, JP Magnesium Stearate, JP Lactose Hydrate

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



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