

Information sheet for customer

Tsumura Traditional Remedy for Women

Chujoto[中将湯]

【Category 2 OTC medicines】

INDICATIONS

Disorders before and after childbirth (anemia, fatigue /malaise, dizziness, edema), *chi-no-michi-sho**, postmenopausal disorder, anxiety neurosis, menstrual irregularity, menstrual pain, headache, stiff shoulder, abdominal pain, lower back pain, over-sensitiveness to cold, hot flashes, dizziness, ear noise, insomnia, shortness of breath, palpitations, edema, and common cold.

**Chi-no-michi-sho* is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms caused by fluctuation of female hormones due to menstruation, pregnancy, childbirth, post-childbirth disorders or menopause.



! CAUTION FOR USE

●Who should seek consultation

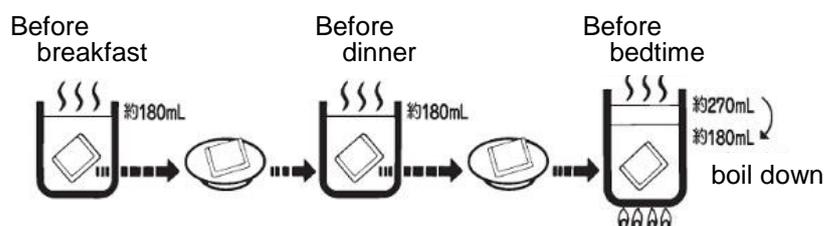
1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Persons who have experienced allergic reactions to medicines or something.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Nausea, loss of appetite

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for a long time. Take this leaflet with you.

DOSAGE

Use one packet of this medicine a day for 3 times (before breakfast, before dinner and before going to bed. For the 1st and 2nd intake, steep the packet into 180 ml of boiling water and drink. For the 3rd intake at bed time, steep the same packet into 270 ml of water, boil the solution containing the packet down to 180 ml and drink.



(Cautions for dosage) Persons less than 15 years old should not take this medicine.

INGREDIENTS

1 packet of this medicine (12.5 g) contains the following mixed crude drugs;

JP Peony Root	2.0 g
JP Japanese Angelica Root	2.0 g
JP Cinnamon Bark	1.5 g
JP Cnidium Rhizome	1.0 g
JP Atractylodes Lancea Rhizome	1.0 g
JP Poria Sclerotium	1.0 g
JP Moutan Bark	1.0 g
JP Aurantii Pericarpium	0.7 g
JP Cyperi Rhizome	0.5 g
JP Rehmannia Root	0.5 g
JP Glycyrrhiza	0.4 g
JP Persicae Semen	0.4 g
JP Coptis Rhizome	0.2 g
JP Ginger	0.1 g
JP Caryophylli Flos	0.1 g
JP Ginseng	0.1 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: None.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) Do not transfer to another container to prevent misuse and quality deterioration.
- (4) Since this medicine contains crude drugs, paper bags for decoction may be stained in some products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



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<https://www.tsumura.co.jp/>