

Information sheet for customer

Tsumura-Kampo Saikokaryukotsuboreito[柴胡加竜骨牡蛎湯] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptoms in persons with moderate or more physical strength who suffer from mental anxiety, palpitation, insomnia and constipation:

Accessory symptoms of hypertension (palpitations, anxiety, insomnia), neurosis, menopausal neurosis, baby's night crying, and constipation.



! CAUTION FOR USE

●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

Following persons should not take this medicine:

Infants less than 3 months old.

●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Interstitial pneumonia	When go upstairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough, and fever will appear. They will appear suddenly and persist.
Hepatic function failure	Following symptoms appear: fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month (1 week if you take this medicine for in the case of baby's night crying, constipation). Take this leaflet with you.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions]

1. This medication should be given to children only under adult supervision.
2. Infants less than 1 year old should be taken to a physician first, and give them this medicine only when it is really necessary.

INGREDIENTS

2 packets (3.75 g) of this medicine contain 2.25 g of Saikokaryukotsuboreito extract of the following mixed crude drugs;

JP Bupleurum Root	2.5 g
JP Pinellia Tuber	2.0 g
JP Cinnamon Bark	1.5 g
JP Poria Sclerotium	1.5 g
JP Scutellaria Root	1.25 g
JP Jujube	1.25 g
JP Ginseng	1.25 g
JP Oyster Shell	1.25 g
JP Longgu	1.25 g
JP Ginger	0.5 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate, Sucrose Esters of Fatty Acids.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



Tsumura&Co. 2-17-11, Akasaka, Minato-ku, Tokyo107-852, JAPAN
<https://www.tsumura.co.jp/>