

## Information sheet for customer

# Tsumura-Kampo Makyokansekito[麻杏甘石湯] Extract Granules

【Category 2 OTC medicines】

### INDICATIONS

Following symptoms in persons with moderate or more physical strength who have coughing, and sometimes experience thirsty:

Coughing, childhood asthma, bronchial asthma, bronchitis, common cold, and hemorrhoid pain.



### ! CAUTION FOR USE

#### ●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

Following persons should not take this medicine:

Infants less than 3 months old.

#### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Persons who is physically weak (declining of strength or constitutional weakness)
  - (4) Persons with weak stomach and intestine.
  - (5) Persons with excessive sweating.
  - (6) Elderly persons.
  - (7) Persons with the following symptoms: edema, urination difficulty.
  - (8) Persons diagnosed as having the following: hypertension, heart disease, kidney disease, thyroid disease.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Nausea, loss of appetite, gastric distress.

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Pseudohyperaldosteronism, myopathy	In addition to listlessness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually worsen.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month ( 5 to 6 days if you take this medicine for common cold). Take this leaflet with you.
4. If you take this medicine regularly for a long periods, consult a physician, pharmacist or registered distributor.

## DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions]

1. This medication should be given to children only under adult supervision.
2. Infants less than 1 year old should be taken to a physician first, and give them this medicine only when it is really necessary.

## INGREDIENTS

2 packets (3.75 g) of this medicine contain 0.875 g of Makyokansekitto extract of the following mixed crude drugs;

JP Gypsum	5.0 g
JP Apricot Kernel	2.0 g
JP Ephedra Herb	2.0 g
JP Glycyrrhiza	1.0 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate, Sucrose Esters of Fatty Acids.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



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