

## Information sheet for customer

# Tsumura-Kampo Keishibukuryoganryo [桂枝茯苓丸料] Extract Granules A

【Category 2 OTC medicines】

### INDICATIONS

Following symptoms with adequate physical strength who sometimes complaint lower abdominal pain, stiff shoulder, heavy head, dizziness, hot flashes, and/or over-sensitiveness of feet to cold:

Menstrual irregularity, menstrual disorders, menstrual pain, menopausal disorders, *chi-no-michi-sho*\*, stiff shoulder, dizziness, heavy head, bruise (contusion), chilblains, spot of the skin, eczema/dermatitis, and acne.

\**Chi-no-michi-sho* is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms due to fluctuation of female hormones caused by menstruation, pregnancy, childbirth or menopause.



### ! CAUTION FOR USE

#### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Persons who is physically weak (declining of strength or constitutional weakness).
  - (4) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Loss of appetite

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptoms' name	Symptoms
Hepatic function failure	Following symptoms appear: fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite.

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you: diarrhea
4. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month. Take this leaflet with you.

## DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet(1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

## INGREDIENTS

2 packets (3.75 g) of this medicine contain 0.875 g of Keishibukuryogan extract of the following mixed crude drugs;

JP Cinnamon Bark	1.5 g
JP Peony Root	1.5 g
JP Peach Kernel	1.5 g
JP Poria Sclerotium	1.5 g
JP Moutan Bark	1.5 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Magnesium Stearate, JP Lactose Hydrate, Sucrose Esters of Fatty Acids.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.  
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



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