

Information sheet for customer

Tsumura-Kampo Tokakujokito [桃核承気湯] Extract Granules

【Category 2 OTC medicines】

INDICATIONS

Following symptoms in persons with moderate or more physical strength who have hot flashes and a tendency to constipation: Menstrual irregularity, dysmenorrhea, menstrual pain, anxiety during menstruation or after childbirth, lower back pain, constipation, accessory symptoms of hypertension (headache, dizziness, stiff shoulder), hemorrhoid, and contusion.



! CAUTION FOR USE

●To be avoided

Failure to observe the following may result in the symptoms worsening or the occurrence of adverse reactions/accidents.

1. This medication should not be used in combination with the following medications:
Other cathartic agents.
2. Women who are nursing should not take this medicine. If those women take it, avoid breast feeding.

●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons who is physically weak (declining of strength or constitutional weakness).
 - (4) Persons with weak stomach and intestine who have a tendency to diarrhea.
 - (5) Persons who have experienced rash, redness, itching, etc. due to medicines or something.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Diarrhea with severe abdominal pain, abdominal pain

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you: diarrhea
4. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month (5 to 6 days if you take this medicine for constipation). Take this leaflet with you.
5. If unexpected bleeding appears during or after taking this medicine, consult a physician, pharmacist or registered distributor.

DOSAGE

Take the following dosages with water or warm water before a meal.

Age	One dosage	Daily dosage
15 years and over	1 packet (1.875 g)	2 times a day
7-14 years	2/3 packet	
4-6 years	1/2 packet	
2-3 years	1/3 packet	
Less than 2 years	Do not use	

[Cautions] This medication should be given to children only under adult supervision

INGREDIENTS

2 packets (3.75 g) of this medicine contain 1.5 g of Tokakujokito extract of the following mixed crude drugs;

JP Peach Kernel.	2.5 g
JP Cinnamon Bark	2.0 g
JP Rhubarb	1.5 g
JP Glycyrrhiza	0.75 g
JP Anhydrous Sodium Sulfate	0.45 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Light Anhydrous Silicic Acid, JP Magnesium Stearate, JP Lactose Hydrate.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) When you take this medicine in divided dose, fold over the opened edge of the packet and store it.
The remaining medicine should be taken within 2 days.
- (4) Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of this medicine.
- (5) Do not take this medicine after the expiration date.

Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.



Tsumura&Co. 2-17-11, Akasaka, Minato-ku, Tokyo107-8521, JAPAN
<http://www.tsumura.co.jp/>